

Bladder Management Care Pathway

EVALUATION
Incontinence, Urgency,
Frequency

Conservative Therapies

Diet &
Behavior
Changes

Fluid
Management

Medications
(4-8 weeks)

Pelvic Floor
Exercises

Name _____

Medication 1 _____

Medication 2 _____

You should experience noticeable symptom improvement within a period of 1-3 months.

If you do not, you and your provider should discuss which advanced therapy option is right for you.

RE-EVALUATION

Advanced Therapies

**Botox®
Injections**
(~3 months)

**InterStim
Therapy
Evaluation**
(up to 10 days)

PTNS
(Weekly for 12 weeks)

**Repeat
Injections**
(~every 6 months)

**InterStim Therapy
Implant**
(~every 5 years)

PTNS
(repeat
treatments~every 3-4
weeks)